1. **Apply**
   ClayMate looks like ordinary hand cream, but it’s quite different, and it must be applied properly to do its job. First wash and dry your hands then place a small dab in the palm of one hand. You need just enough to put a thin film of the product over your hands and fingers.

2. **Work Into Hands**
   Distribute ClayMate evenly over your palms by rubbing them together as if you are warming your hands, just to get it spread out.

3. **Coat Fingers**
   Coat each finger individually and completely. Close your hand around each finger and pull through the ClayMate on your palm.

4. **Special Attention to Fingertips**
   After each finger is done, rub the tips of your fingers in the palm of your hand, including thumbs to be sure every bit of skin has been covered. The tips of your fingers, especially the thumb, index finger and middle fingers tend to touch the clay more than any others so pay particular attention to the fingertips and get them coated.

   Once you have coated your hands, wait 1 minute as ClayMate conditions your skin. Reapply as needed.

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**Tip**

If your hands are very rough or tend to be on the dry side, apply ClayMate a couple of times before handling clay.